

Andy Lopata - Bio

Andy Lopata is an internationally recognised authority on professional relationships, with more than 25 years of experience helping organisations and individuals unlock the commercial and cultural value of connection. The author of six books and co-host of *The Connected Leadership Podcast*, Andy is a regular contributor to *Psychology Today* and has written for *Harvard Business Review*, including a chapter in the *HBR Guide to Retaining Your Best People*.

Acknowledged globally for his expertise, Andy has been shortlisted for the 2025 *Thinkers50 Coaching and Mentoring Award*, underlining his reputation as one of the leading voices shaping the future of leadership development. He is also a Fellow of both the Professional Speaking Association and the Learning and Performance Institute, and a member of the Association of Business Mentors, the Society of Authors, and the Meetings Industry Association.

Andy's innovative framework, *The Relationship Matrix*, equips leaders and teams to map, measure, and strengthen the professional relationships that drive collaboration, trust, and long-term results. His practical yet strategic approach has inspired audiences at organisations including PayPal, Google, Harrods, the BBC, and Saïd Business School, as well as governments around the world.

With a rare ability to blend research-based insights, engaging storytelling, and actionable tools, Andy helps organisations tackle some of today's most pressing challenges—retention, collaboration across silos, and leadership trust. Event planners and business leaders book Andy not only for his global experience but also for his skill in making complex relationship dynamics accessible, memorable, and immediately applicable.

Concise Version

Andy Lopata is an internationally recognised expert in professional relationships, with more than 25 years of experience helping organisations unlock the strategic value of connection. The author of six books and co-host of *The Connected Leadership Podcast*, Andy contributes regularly to Psychology Today and has written for Harvard Business Review. A shortlisted nominee for the 2025 Thinkers50 Coaching and Mentoring Award, Andy is a Fellow of both the Professional Speaking Association and the Learning and Performance Institute, and has worked with clients including PayPal, Google, Harrods, the BBC and Saïd Business School. His Relationship Matrix framework equips leaders and teams to measure, develop, and strengthen the relationships that drive collaboration, trust, and long-term results.